



# 3-Day Student Pack List

We hope that packing for CODS will become a lesson in travel preparation and personal responsibility. Do not bring anything that you worry about getting dirty or “gently used.” Please limit luggage to one backpack, for daytime use, and one suitcase/ duffel bag, sleeping bag and pillow. Some things will be packed in your backpack so that you may use them as soon as you arrive. **Label everything with your first and last name! CODS is not responsible for lost or stolen items.** Less is more – please stick to the recommended items while packing.

## Pack in your suitcase:

- (when hot)-1 pair light weight pants/shorts for final day only
- 2 pair long pants (shorts are not permitted on hike activities)
- 2 sets underwear
- 2 t-shirts
- 3-4 pair socks
- book (optional)
- 2 pairs of close-toed walking shoes-*no skate shoes. For cold wet weather: warm or waterproof..*
- earplugs(optional)
- fitted single-size mattress sheet (optional)
- hair brush/comb
- laundry bag or plastic bag
- non-aerosol insect repellent (spring)
- sandals or flip-flops (for showering)
- sleepwear
- slippers (optional)
- swimsuit (for showering only)
- toothbrush & paste
- warm sweater/sweatshirt
- washcloth, towel & soap

## Winter Items:

- long sleeve shirt(s)
- warm & waterproof coat
- warm hat
- gloves or mittens
- waterproof boots
- extra socks & pants in case of rain
- Thermal underwear

## Parents' Checklist:

- Send check payable to child's school into classroom teacher
- Complete, and return medical form to classroom teacher
- Make sure your child has packed “weather appropriate” clothing—he/she will only go indoors at night! Clothing that can be layered is imperative! No shorts please!
- Deliver “1849” letter for your child to your child's classroom teacher. (Do not send to CODS... mail is very slow!)
- Place name tags on luggage—make sure everything is labeled!
- Prepare any medications and turn into classroom teacher
- Pack a first day sack lunch—please prepare healthy, low-sugar food and use minimal packaging*☺

## Pack in your backpack:

*No backpacks with wheels please...*

- lunch for arrival day
- 16 oz.or bigger, reusable water bottle (two in September, May, June)
- chapstick
- hat or cap
- pencils
- sunscreen
- waterproof rain jacket or poncho
- camera with your name, school, and contact info written on it(optional)

## Don't forget:

- sleeping bag & pillow

## Do not bring:

Snacks/candy/gum, recreation equipment (footballs, Frisbees, baseballs, etc.), electronic devices (cell phone, radio, Ipod, video camera, video games, Gizmo Pal, etc.), money, hair drier, curling iron, chemical hand warmers, pets, jewelry, make-up, knives, matches, walking sticks, perfume, slip-on or open-toed shoes, or skate shoes. **DO NOT BRING things of great value to you that could be lost or stolen.**