



## ROPES AND/OR SCIENCE Typical Schedule

DAY ONE	
11:00am	Arrive at Coloma Institute Teachers and Chaperones meet for orientation
12:00pm	Sack lunch
12:30-3:40pm	<b>Activity Session 1</b>
3:40pm	All Group Meeting -then-Move into Cabins Get prepared for the evening program
4:45pm	Fire Drill, followed by dinner and free time
6:20-6:50pm	Teacher Time/Parent Chaperones recess☺ Student restroom/drink break
7:00-8:45pm	Evening Activity
8:45pm-9:30pm	Hygiene, prepare for bed
9:30pm	Lights Out
9:45pm	Quiet time
DAY TWO	
7:00am	Rise and Shine! Hygiene, prep for day, free time
7:40am	Meet for breakfast, free time
9:00am-12:00pm	<b>Activity Session 2</b>
12:00-1:00pm	Lunch
1:00-4:00pm	<b>Activity Session 3</b>
4:00-5:00pm	Shower, cabin time or free time *Supervised by Teacher(s) and Parent Chaperones
5:00pm	Meet for dinner, free time
6:20-6:50pm	Teacher Time/Parent Chaperones recess☺ Student restroom/drink break
7:00-8:15pm	Evening Activity
8:15-8:45pm	Teacher Lead Campfire
8:45pm-9:30pm	Hygiene, prepare for bed
9:30pm	Lights Out
9:45pm	Quiet time
DAY THREE	
6:45am	Rise and Shine! Hygiene, move out and clean up
7:30am	Cabin check for Golden Dustpan Award
7:40am	Meet for breakfast, free time
9:00am-11:45am	<b>Activity Session 4</b>
11:45am	Lunch, load cars/bus and say goodbye
12:30pm	Departure

We may amend parts of this schedule due to fluctuating departure/arrival times of individual schools, weather restrictions, or other unforeseen circumstances☺.

### SCHOOL SPECIFIC ACTIVITY SESSIONS

	Garden (Eco-Campus)	Water (Eco-Campus)	Initiatives and/or Low Ropes	High Ropes
<b>Session 1</b>				<b>All</b>
<b>Session 2</b>	<b>Blue Bellies</b>	<b>Stink Bugs</b>		
<b>Session 3</b>	<b>Stink Bugs</b>	<b>Blue Bellies</b>		
<b>Session 4</b>			<b>All</b>	



**ROPES AND SCIENCE School and Date of Program**

<b>DAY ONE</b>	
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**SCHOOL SPECIFIC ACTIVITY SESSIONS**

	<b>Garden</b> (Eco-Campus)	<b>Water</b> (Eco-Campus)	<b>Initiatives and/or</b> <b>Low Ropes</b>	<b>High Ropes</b>
<b>Session 1</b>				<b>All</b>
<b>Session 2</b>	<b>Blue Bellies</b>	<b>Stink Bugs</b>		
<b>Session 3</b>	<b>Stink Bugs</b>	<b>Blue Bellies</b>		
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